

3 AM
As sung by Matchbox 20

Intro

E | G \ <C² \ | \ \ \ \ | G \ <C² \ | \ \ \ \ | 3
 B | | | | | | | | | 3
 G | | | | | 0 | | | | 0-
 D | | | | | Oh2 | | | | |
 A | | | | | | | | |
 E | | | | | | | | |

| G \ <C² \ | G \ <C² \ | G \ <C² \ | G \ <C² \ |

Written by Rob Thomas • Brian
Yale • John Goff • John Stanley

This version released 1996

Transcribed by [Mark W. Black](#)

Capo I for original key

Verse 1

| D | C² | G \ <C² \ | G \ <C² \ | LICK
 She says its cold outside and she hands me my raincoat.
 | D | C² | G \ <C² \ | G \ <C² \ | LICK
 She's always worried about things like that.
 | D | C² | G \ <C² \ | G \ <C² \ | LICK
 Well, she said it's all gonna end and it might as well be my fault.
 | D | C² | D | C² |
 And she only sleeps while it's raining, and she screams and her voice is straining. And she says

Chorus 1

| G \ D> C²> \ | \ D> \ | G \ D> C²> \ | \ D> \ |
 baby, it's 3am I must be lonely. And she says
 | G \ D> C²> \ | \ D> \ | em \ D> C²> \ |
 baby, well, I can't help but be scared of it all sometimes,
 | LICK |
 and the rain's gonna wash away I believe in.

Break 1

| G \ <C² \ | G \ <C² \ | G \ <C² \ | G \ <C² \ LICK |

Verse 2

| D | C² | G \ <C² \ | G \ <C² \ | LICK
 She's got a little bit of something, God, its better than nothing,
 | D | C² | G \ <C² \ | G \ <C² \ | LICK
 and in her color portrait world, she believes that she's got it all.
 | D | C² | G \ <C² \ | G \ <C² \ | LICK
 She swears that the moon don't hang quite as high as it used to.
 | D | C² | D | C² |
 And she only sleeps while it's raining, and she screams and her voice is straining. She says
 screams

Chorus 2

|G \ D> C²>|\ \ D> \ |G \ D> C²>|\ \ D> \ |
 baby, when it's 3am I must be lonely. And heaven she says
 |G \ D> C²>|\ \ D> \ |em \ D> C²>|
 baby, well I - yeah well, I can't help but be scared of it all sometimes,
 |
 and the rain's gonna wash away I believe this. **5 measures**

Break 2

(Single Guitar, Bass, and Organ) **LICK**

|G \ <C² \ |G \ <C² \ |G \ <C² \ |G \ <C² \ |

Verse 3

(Add Guitar and Sticks) **LICK**

|D |C² |G \ <C² \ |G \ <C² \ |
 She believes that life isn't made up of all that she used to. **LICK**
 |D |C² |G \ <C² \ |G \ <C² \ |
 And the clock on the wall has been stuck at three for days and days.
 |D (harmonics) |C² (bass harmonics) |G \ <C² \ |G \ <C² \ |
 She thinks that happiness is a mat that sits on her doorway, yeah.
 |D |C² |
 but outside it starts rain - ing Yeah, she says

Chorus 3

|G \ D> C²>|\ \ D> \ |G \ D> C²>|\ \ D> \ |
 baby it's 3am I must be lonely. And heaven, she says
 |G \ D> C²>|\ \ D> \ |em \ D> C²>|
 baby, I - yeah - well, I cant help but be scared of it all sometimes,
 |
 And the rain's gonna wash away I believe...
 |G \ D> C²>|\ \ D> \ |G \ D> C²>|\ \ D> \ |
 This. Well, it's 3am, I must be lonely. Well, heaven she says
 I'll be lonely.
 |G \ D> C²>|\ \ D> \ |em \ D> C²>| **HOLD**
 ba - by, Well, I cant help but be scared of it all sometimes.

Key: G, capoed to Ab

Meter: 4/4

Tempo: quarter = 108

Strum = SKIP, 16 stroke strum Piano Rhythm Pattern: BLRL, B-RL

Legend: reading a chord chart

Unless otherwise indicated, chords start at the beginning of the measure.

| - indicates a new measure with the previous chord continuing.

| - just like with written music, the bar at the end of a line is the same bar as the beginning of the next line. These are not 2 measures but the end of one measure and the beginning of the next.

\ - indicates individual beats of a measure when needed. So if a chord lasts for less than a full measure, the slash mark (/) will indicate the different beats of the measure and the written chord name will also take up one of those beats. Thus |A \ \ E | would mean to play an A for 3 beats and an E for the 4th beat. Note: normally, in jazz and pop notation, beat slashes face forward (/). We're reversing the direction to separate this from the forward slash (/) used for indicating a changing bass note (see below)

<- indicates the chord comes in ½ beat earlier than written. Thus |A \ \ <E | would mean to play an A for 2 and a half beats and E would start on the 'and' of beat 3.

>- indicates the chord comes in ½ beat later than written. Thus |A \ \ E> | would mean to play an A for 3 and a half beats and E would start on the 'and' of beat 4.

/X - indicates a specific bass note, rather than a chord type, usually while the previous chord is playing; i.e., E /F# /G# A - would mean play the E chord, then F# and G# as single bass notes during the E chord (in the right hand of a piano or bass strings of the guitar or on the bass, for example).

Chords and measures bars are almost exactly over the words where they occur, so you should be able to follow the words and thus know where the chords change.

Single notes – exact pitches for a specified instrument

Harmony – with the lead voice

BGV – parts that are rhythmically distinct from the lead vocal, with or without harmony

Attention

Lyric changed

A

Rehearsal Letters